

September: Keeping Kids Safe

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Now that school is back in session, please help keep our children safe as they walk to and from school. If you aren't already aware, LCSO is conducting a Back-to-School campaign strictly enforcing speed and other traffic violations around schools.

Sheriff Mike Chapman--

"The Sheriff's Office is asking that all drivers follow all speed and traffic signs, obey all signals by law enforcement and crossing guards, and be prepared to stop for school buses en route to pick up and drop off students."

Below are some tips for students and parents from the National Transportation Safety Board. To view more tips, visit the Sheriff's Office website.

Walking to School

- In neighborhoods with higher levels of traffic, consider starting a "walking school bus," in which an adult accompanies a group of neighborhood children walking to school.
- If your child is young or is walking to a new school, walk with them the first week to make sure they know the route and can do it safely.
- Bright colored clothing will make your child more visible to drivers.
- When crossing the street, look left-right-left for cars. Do not cross if a car is coming and use a crosswalk if available.

Tips for Motorists

- All passengers should wear a seat belt and/or an age- and size-appropriate car safety seat or booster seat.
- Do not text or talk on your cell phone while driving.

- Slow down and obey all traffic laws and speed limits.
- Be alert for school zones that have a reduced speed limit at designated times of the day.
- Watch for school buses. Red flashing lights and an extended stop arm indicate the school bus is stopping to load or unload children. State law requires you to stop.
- Keep an eye out for children walking in the street, especially where there are no sidewalks.
- View the rest here in addition to tips for students.



Town Hall & Guiliford Station Meeting Recaps

On Saturday, August 19th at the Sterling Library, I had a town hall with around fifty constituents in attendance. I gave an update on the many Board Member Initiatives I have brought forth to the Board on your behalf. We discussed and received a presentation on Zoning Enforcement issues, particularly as it relates to parking, and overcrowding. We were also briefed on the future renovation of the Sterling Community Center. The full presentation slide show can be view online at https://www.loudoun.gov/DocumentCenter/View/128953.

On Wednesday, August 30th at Sterling Middle School, representatives from BF Saul Company met with members

of the community and myself regarding their property along Route 28 and Atlantic Boulevard, which they will be calling Guilford Station. Current conditions of the property were discussed as were the ideas of what BF Saul would like to do as an interim development, to allow for a more comprehensive development/redevelopment in the future. The presentation for this meeting from BF Saul can be viewed

at https://www.loudoun.gov/DocumentCenter/View/129097.



Calling All Business Owners!

The Park View Football team is looking for business sponsors to help continue meeting the needs of its student athletes. As a business sponsor, you'll be able to place an ad on their Fall Sports Media Guide, which is distributed at every football game. Standard and premium space ads of different sizes are available for purchase.

Your contribution is tax-deductible. For more information or if interested, contact Media Guide Chairperson, Debbie Polen at motherice@verizon.net.

Free Flu Vaccine in Sterling

Our County Health Department with the Christ the Redeemer Catholic Church are offering flu vaccines for free to adults and children ages 9 and up. No insurance is required. Please help us promote this effort to anyone in need of the vaccine.

Free Flu Vaccine for Adults and Children



will be offered to the general public

SUNDAY OCTOBER 1, 2017 9:00 AM TO 2:00 PM

When: Sunday, Oct 1, 9 am - 2 pm

Where: Christ the Redeemer Catholic Church, 46833 Harry Byrd Highway, Sterling, VA

20164

September is Workforce Development Month

The Loudoun Workforce Resource Center celebrates September as Workforce Development Month. Whether you are looking for work, changing careers or would like to brush up on techniques for success at your current job, the Workforce Resource Center has services and resources to fit your employment needs.

<u>September 1 Kickoff!</u> - Join Workforce Resource Center staff at 1/2 locations. Learn more about available help, and/or come ask questions!



Your Opportunity Is Here!

The Loudoun Workforce Resource Center (LWRC) helps you with your career goals! All events are FREE and open to the public. To register and find more information go to www.loudoun.gov/wr.workshops.

- Loudoun County Government Center lobby, 9:30 a.m. to 11:30 a.m.
- Sterling Library, 22330 S. Sterling Boulevard, 10:00 a.m. to 12:00 p.m.

The center will feature special events and workshops throughout September, including:

- Job Prep Workshops
- Help for Veterans on September 12 and 26
- Small, Women-Owned and Minority Businesses (SWaM) event on September 19





Loudoun Holds Youth Mental Health Awareness Event September 5

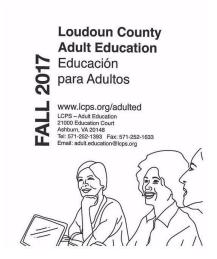
Loudoun County will host a Youth Mental Health Awareness Community Event from 3 to 5 pm, Tuesday, September 5, in the Dulles Room on the

first floor of the Loudoun County Government Center, 1 Harrison Street, S.E. in Leesburg. The Loudoun County Department of Mental Health, Substance Abuse and Developmental Services and the Loudoun Community Services Board invite the community to learn about

the resources available in the county for youth mental health and wellness, and to meet service providers.

The event, which comes in advance of Suicide Prevention Week September 10-16, 2017, will include general mental health information as well as targeted information about how to prevent youth suicide.

In addition to the outpatient services and prevention and intervention services provided by Loudoun County's Department of Mental Health, Substance Abuse and Developmental Services, there are many other mental health resources for young people in Loudoun, including free, confidential 24/7 resources. You can find all of those resources here. Our Mental Health Department may be reached at 703-777-0320. In an emergency, call 911 and ask for a Crisis Intervention Team deputy or officer. Read more at www.loudoun.gov/SuicidePrevention.



LCPS Offers Adult Education Classes Starting this Fall

Did you know Loudoun County Public Schools offers adult education classes in many topics for a low cost? Topics include photography, languages, arts & crafts, trade & industry, horticulture and more! Most classes take place in the weekday evenings at local high schools.

See the catalog for a list of the classes available near you. There is a 25% discount on some courses for seniors ages 60 and up. More information, including how to register may be found online at www.lcps.org/adulted. Payment is due when you register.

Recycle Electronics on Sept 14!

Come drop off unwanted electronics at a Recycling Rally on September 14th! The event is FREE and open to the public. View the list of items you can bring on the right.

When: Thursday, Sept 14, 7:30 am - 2 pm

Where: Quantum Park

22001 Loudoun County Pkwy, Ashburn, VA

Visitor's Parking Lot

Below is a list of items you can bring in:

- Desktop computers*
 LCD and CRT monitors
- Computer cables, mice & keyboards
- Garning consoles
 Telephones & answering machines
- Stereo & audio equipment
 Paper shredders
 Aluminum cans
 Alarm clocks

- Printers
 Cameras
 Conferencing equipment
 - Remote controls · Earphones
 - · Small electronic appliances* · Electronic toys
- Plastics
 Cell phones and accessories***
 Glass
 Vacuum cleaners

Join Verizon, Quantum Park, American Real Estate Partners and SHI for our Recycling Rally on September 14. If you have any questions please email John Dorn (John.Dorn@verizon.com) or call 972.457.7742.







Help Solarize Loudoun!

Our County has joined with Solarize NOVA to promote the use of solar power in Loudoun County homes and businesses. The Solarize Loudoun campaign will run from September 4 through October 15, 2017.

The Solarize NOVA program offers a one-stop-shop for the community to learn more about solar power options, installation and financing for homes and businesses. Attend a free community workshop to learn more about solar power!

- Thursday, September 7, 2017; 6:30 p.m. 7:30 p.m., Ashburn Library, 43316 Hay Road, Ashburn. RSVPs are requested due to limited seating. RSVP here.
- Thursday, September 28, 2017; 6:30 p.m. 7:30 p.m., Purcellville Library, 220 E.
 Main Street, Purcellville. RSVPs are requested due to limited seating. RSVP here.

Read about the program and financial benefits of solar power online at www.SolarizeNova.org.

Resources for Entrepreneurs

Did you know our County provides resources and workshops for current and aspiring small business owners? Our Economic Development department has a Small Business Team who can help you with any questions/concerns associated with starting or running your own business. Take a look at this short business formation checklist. Every month, Economic Development offers workshops to help aspiring/current entrepreneurs. Check out this month's upcoming workshops!

Business Assistance Team

New Business? Need Direction? Get Answers.

www.loudoun.gov/bat

Loudoun Tech Startups

Wednesday, September 20 at 5:30 p.m. (Third Wednesdays every month)
Bungalow's Lakehouse -- 46116 Lake Center Plaza in Sterling
Meet tech-minded peers, discuss what you're working on, learn from a trending speaker and maybe even find your next opportunity.

Access to Capital for Small Businesses

Thursday, September 21 at 9 a.m.

Loudoun Economic Development -- 43777 Central Station Dr., Suite 300, Ashburn Learn about loans and grants, and enjoy light refreshments.

1 Million Cups

Wednesday, September 27 at 9 a.m.

Mason Entreprise Center -- 202 Church St SE, Leesburg

They say it takes 1 million cups of coffee to start a business. At each meeting, two local entrepreneurs present their startups to an audience of peers who offer feedback and advice. Coffee provided.

If you have a question, email Evan Harlow at <u>bizassistance@loudoun.gov</u> or call him at 703-777-0395. You can also contact Vanessa Wagner, Small Business Manager at 703-777-0585 or vanessa.wagner@loudoun.gov.



What to Do If You Lose Your Pet...

One out of three pets will get lost or go missing and it can be very scary for their owners. Aside from posting flyers in your neighborhood, LCAS recommends keeping

a current picture of your pet and immediately report a missing pet to Loudoun County Animal Services by calling 703-777-0406. Don't wait until it is an emergency! <u>Learn how to prepare</u> for the unfortunate event of a lost pet.

Upcoming Mobile Adoption Events:

All pets on the bus are available for adoption and normal adoption procedures apply for all adoptions from the bus. Many pets can go straight home with their new family!

- Sunday, Sept 10 Loudoun County Pet Expo, 10 am to 3 pm
- Saturday, Sept 16 Leesburg Family Fun Day, 11 am to 2 pm
- Sunday, Sept 17 Loudoun Station Farmers Market, 9 am. to 1 pm
- Saturday, Sept 23 Barktoberfest at the Loudoun Fair Grounds, 10 am to 3 pm

INMED Opportunity Center's Open House

Last month, my staff visited INMED Opportunity Center, located in Sterling, during their Open House. My staff was so pleased to see the center's incredible transformation. In addition to providing an academic-enriching after school program for children who lack access to affordable after school options, the center is now providing a music studio lined with shining guitars, a new computer lab, a new reading and research library for kids, and a large multi-purpose room to accommodate skills development activities and other parenting education classes. INMED will be focusing on science, technology, engineering, arts and math (STEAM) to narrow the opportunity gaps for Loudoun's atrisk children, many of which reside in Sterling.

INMED's Opportunity Center has been serving low-income and at-risk families in Loudoun County since 1994 through a number of programs and services to help them increase their knowledge of child development and parent/child interaction education, prevent homelessness and regain housing stability, and improve their parenting and financial skills. In 2014, INMED opened its after school center and has since been providing an after-school academic enrichment program and summer camps to elementary-aged children, as well as workforce development programs and job readiness services for the children's parents.



Finally... Community Events!

Sept 9: Community Yard Sale Did you know the Sterling Community Center holds community yard sales every second Saturday of the month in their gym? You too can participate for \$10. Register in advance by calling 703-430-9480. The event is free for shoppers.

Sept 9: Tour De Echo 2017 - Join Echo's first annual bike fundraiser to raise funds for individuals with disabilities! Register here.



Sept 9: Kids Night at the Museum. Drop off your kids at the Loudoun Heritage Farm Museum from 6-9 pm for dinner and supervised play while you enjoy a well-deserved break. Pre-registration required. Sign up at http://www.heritagefarmmuseum.org/.

Sept 10 - Oct 8: Youth Archery Classes. Intro class on Sept 10; classes held at the Sterling Community Center. Participants will be given hands-on experience and attention for individual improvement. Pre-registration required. \$55 cost/child. Call 703-430-9480 for more info.

Sept 15: Parents' Escape Night. Head out for a night on the town while the Sterling Community Center takes care of your kids from 5:30-9 pm. The center will have an openended engineering project for the kids to tackle. They'll play games, watch a movie, and enjoy some moonbounce time. Pizza and drinks will be served. Pre-register by calling 703-430-9480.

Sept 16-17: Bluemont Fair, 10 am to 7 pm. Join in on this fun event with contests, food, crafts, music and more. More information at bluemontfair.org.

Sept 23: Claude Moore's Kids' Triathlon. Starting at 8:30 am, young athletes, ages 6-14, of all levels, are welcome to participate. All participants will receive a medal at the finish line, refreshments and an event t-shirt. Prizes and awards will be awarded to winners in the following age groups 6-8, 9-11, and 12-14 years. Event takes place at Claude Moore Recreation Center. \$45/participant. Call 571-258-3600 for more information.

Sept 23: Claude Moore Park Fall Festival from 10 am - 4 pm. After the Triathlon, come pick up a FREE pumpkin with your family and take part in fall festivities, including live music, crafts, a petting zoo, food & refreshments! Claude Moore Park is located at 21544 Old Vestal's Gap Road in Sterling. RSVP on Facebook.

Sept 30: Horseshoe Hoedown Fundraiser. The 7th Annual All Ages Read Together fun fundraiser beginning at 5 pm at River Farm Stables in Leesburg. Support a wonderful local nonprofit that prepares children in need for kindergarten success. Purchase tickets at www.allagesreadtogether.org.

Oct 1: Rabies Vaccination Clinic. Join LCAS on this Sunday for a walk-in Rabies Vaccination Clinic from 12 to 3 p.m. at the Loudoun County Animal Shelter, located at 39820 Charles Town Pike, Waterford. For questions, email animals@loudoun.gov.

Oct 6-8: Nova Wellness & Yoga Fest Retreat. 3-day festival offering 50 combined yoga classes, meditation sessions and wellness workshops for new and experienced individuals. The weekend-long fest takes place at Morven Park in Leesburg. Discover more details at http://novawellnessyogafestretreat.com.

Oct 7: 30th Annual SterlingFest! Mark your calendars for a one-day rain or shine event that fosters community pride and promotes growth by bringing together local businesses and neighbors for a day of celebration. Funds raised during the event support nonprofits including the Sterling Foundation, the Sterling Community Center Advisory Board, and the Sterling Playmakers. RSVP on Facebook.

Give Back, Get Involved!

2017 Fill-The-Boot for Muscular Dystrophy. From August 25 through September 4, 2017, help find a cure for Muscular Dystrophy by making a donation to the cause. Look for Loudoun County firefighters at various locations across the county collecting donations.

Do You or Someone You Know Need a Job? Attend an orientation provided by Crossroads Jobs on one of the dates below! For questions, call 703-771-4112 or visit www.crossroadsjobs.org.

English Orientations:

September 11/25 or October 16/30 - 10:30-11:30 am 750 Miller Drive, Suite A-1 in Leesburg



<u>Spanish Orientations</u>, September 18 or October 2/23 - 10:30 am-12 pm Sterling Library, 22330 S. Sterling Blvd, Suite A117

English Classes at St. Matthew's Church in Sterling offers free English classes every Monday at 7 pm while school is in session and free daycare. No advanced registration is

required. Individuals may just walk-in! The classes are informal and in a small group setting. St. Matthew's is located at 402 E. Frederick Rd. All are welcome.

Car Free Day on Sept 22. Take part in a worldwide event that encourages greener methods of travel to work. You get Chipotle BOGO if you take the pledge at http://carfreemetrodc.org/!

Citizenship Day. September 17th is Citizenship Day and Hogar Immigrant Services will be celebrating by hosting a citizenship application workshop on Saturday, Sept 23 at 10 am, Clarendon Presbyterian Church in Arlington; cost is \$110 and includes legal consultation, form preparation and postage. Call (571) 208-1572 for more information.

INOVA Mobile Health will be providing the BP screenings at the following Sterling locations. For further information call the Mobile Health hotline at 703-858-8818 or visit at www.inova.org/mobilehealth.

- September 12, 9 am 12 pm: Cascades Senior Center, 21060 Whitfield Place
- September 18, 9 11 am: William Watters House, 22365 Enterprise Street
- September 26, 9 am 12 pm: Cascades Senior Center, 21060 Whitfield Place

Supervisor Koran T. Saines
Loudoun County Board of Supervisors

Www.loudoun.gov/Sterling

703-777-0204

STAY CONNECTED:





Sterling District, 1 Harrison Street, S.E., 5th Floor, Leesburg, VA 20177

About our service provider

Sent by koran.saines@loudoun.gov in collaboration with



Try it free today